



DEFENSEMAN CAMP



The Hockey Sensei will introduce you to hockey thinking without thinking.

Four days of defenseman specific instruction!

One ice session daily; working on defensive positioning, net protection and situation tactical skills, offensive positioning, puck possession, passing and shooting skills.

One off ice strategy session each day; understanding how to better understand and 'think' like a top defenseman

Game preparation, game analysis, and many other areas.

August 11 – August 14, 2011
Thursday – Sunday

Location: Goulds Arena
Time: 8:00 AM – noon PM daily
Price: \$135

Defenseman Camp is separated into 3 Camps:
Camp 1: Pee Wee
Camp 2: Bantam
Camp 3: Midget

INSTRUCTORS

DON MACADAM, Former Detroit Red Wings
Defense Asst Coach

CHRIS OWENS, Defenseman, Acadia University,
AUS & CIS Rookie All Star Rookie Teams in 2011



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